

INSPIRED YOUTH

ISLAMIC STUDIES PROGRAMME





EUROPEAN ISLAMIC CENTRE

EIC

European Islamic Centre

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Introduction

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Assalamualaikum!

Prophet Muhammad ﷺ was surrounded by young companions. He loved the youth, and the youth loved him back. He ﷺ knew that the youth is our next generation, and they are the ones who would restore our hope.

He ﷺ taught us the importance of youth as is reported in the very well-known hadith:

“Take advantage of five before five: your youth before your old age, your health before your illness, your riches before your poverty, your free time before your work and your life before your death.”

Most interestingly he mentions the youth first in his admonition. And this shows the significance of the youth years in one's life.

The youth years are when a child is exposed to the outside world. A child is no longer considered a child, as they grow up and enter their teenage years which itself poses a big challenge for the teens and their parents. The teenage Muslim finds himself or herself in an ever-bigger predicament as they taste the newfound “freedom” while they continue their formal higher education.

At this stage they are exposed to ideas, questions and doubts that are most often left unanswered.

This paves way for an identity crisis for the inept and unassuming Muslim youth who barely manages to read the Quran. The biggest threat for the Muslim youth of today is safeguarding their faith and navigating the challenges of the modern world.

Our remodelled 1-year Inspired Youth Islamic Studies Programme aims to instil an Islamic identity among the students by not only training them in the traditional Islamic topics but also enabling them to deal with the modern contemporary issues that may challenge their faith.

It is our hope that by partaking in this programme an individual will be well-equipped with Islamic knowledge, the skills to make the right choices and decisions as Islam demands, as they progress through their teen years into adulthood.

Ustadh Yeamin Arafat
Inspired Youth Course Leader

Curriculum & Year Breakdown

The Inspired Youth Islamic Studies Programme is a 1-year programme consisting of topics covering core Islamic subjects.

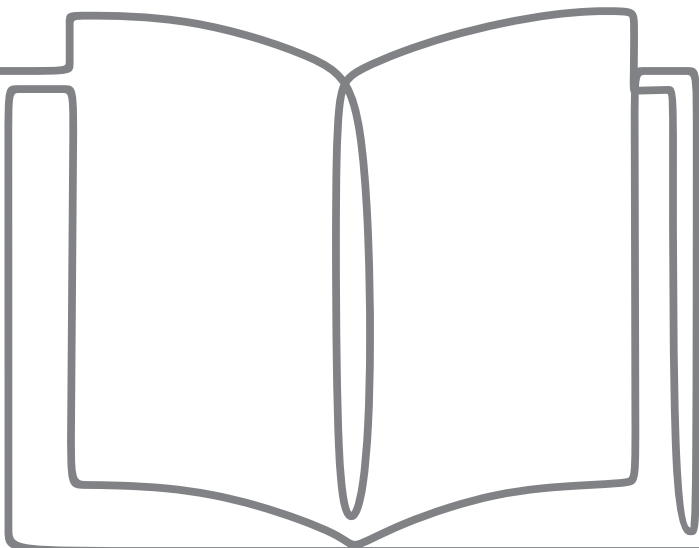
The programme is multi-faceted in that it also offers a module which presents topics and discussions prevalent to the Muslims living in the Western society. But unlike most other programmes, the purpose is not to solely teach “Islamic” subjects but rather how the lesson can shape an individual and inculcate Islamic values on a personal level. Therefore, a lot of importance will be given in the nurturing and rectifying of the individual’s traits (tazkiyah) and this will form the common theme across all the modules.

Modules Taught

[1] Allah’s Speech (Qur’an)

The source of all knowledge is the Book of Allah ﷻ. Therefore, the Quran forms the backbone of the programme. While reading through the entire Book and extracting lessons and morals will require tremendous amount of time, our goal will be to experience the Quran in a thematic approach. This module will cover the overarching topics and themes of the Quran and will not only introduce the student to the Quran in a new way but also to appreciate the Quran as a book of guidance so that they are able to establish a relationship with the Book beyond just reading it in Arabic for the purpose of earning blessings.

Moreover, the students will be introduced to the sciences of the Quran which deal with topics such as revelation and preservation of the Quran to variant modes and readings of the Quran.



Curriculum

[2] Prophetic Guidance (Hadith)

The aim of this module is to introduce our students to the Hadith of the Prophet ﷺ in a unique and an inspirational manner through the famous Hadith text, *Riyad al-Salihin*, compiled by the great scholar of Islam, Imam Abu Zakariya Yahya Ibn Sharaf al-Nawawi. Unlike the text of the Quran, the number of hadith is innumerable therefore making it difficult for the student to extract benefits. *Riyad al-Salihin* focuses on the most important authentic hadiths that are pertinent to the Muslim individual with a significant portion of this collection of hadith focusing on spirituality and self-transformation. The chapters we will cover contain verses of the Quran and Hadith that touch upon topics relating to worship, transactions, spirituality, creed and more.

Through the exposure of the hadith of the Prophet ﷺ in this collection, we aspire our students to become better individuals in relation to one's social interactions and encourage spiritual reform through the Quran and Sunnah.

[3] Fiqh (Worship & Rituals)

While spirituality is the essence of worship, ritual is the form that worship takes. In this module, the students will learn all about the rituals of worship and since the way to earn the pleasure of Allah ﷻ is through abiding by His laws and His boundaries, this module will present the study of fiqh in a way that develops an appreciation and understanding of the laws and boundaries that are set forth by the shariah.

For this module, we will rely on a Shafi' fiqh curriculum however during the course of the teaching we will highlight the similarities and major differences among major madhab and present the content in an age-appropriate manner.

Curriculum

[4] Reaffirming Faith (Aqidah & Contemporary Issues)

This module focuses on key elements of the Islamic belief, taking into consideration the current day challenges the youth are faced with.

We will begin by encouraging the youth to think critically about how Islam encourages belief in the creator through pondering on the many signs around us, in addition to questioning the current notions about the source of existence and one's purpose in life.

Students will also understand the importance and need for divine guidance in their daily lives by discussing the need for messengers and the miraculous nature of the Quran. This is key in a world filled with confusion and every possibility of a young muslim going astray.

By addressing these fundamentals, we hope to make clear any confusion arising from contemporary issues and the students' thoughts and behaviour, such that they become distinct Islamic personalities and beacons of light for those around them whether Muslim or non-Muslim Insha Allah, as we believe that the youth are the future ambassadors of Islam.



Community Engagement & Activities

When Prophet ﷺ received revelation for the first time and he was petrified at the experience, his wife reminded him as to why he wouldn't be forsaken by Allah ﷻ and most of the qualities she mentioned were those that involved serving and benefitting others. Islam therefore is a message that transforms an individual and transcends from the individual to the community. As part of this programme, we aim to involve the students in social and communal activities on a regular basis.

European Islamic Centre (EIC) as part of UK Islamic Mission (UKIM), which is its parent organisation, regularly distributes essential food and supplies to individuals and families who need that extra support, through its iCare (icare.ukim.org) initiative.

The EIC also holds dawah activities regularly in the form of Open Days, Mosque Tours and Unity Iftar events, propagating the message of Islam to non-Muslims and to cultivate a positive impression of Islam.

Every year we hold a National Youth Camp to facilitate activities specifically for the youth.

UKIM (www.ukim.org) runs a global relief operation, raising funds to help people all around the world.

Students of the Inspired Youth programme will be offered an opportunity to take part in these core initiatives and activities that are organised throughout the year.



Term Breakdown, Application & Fees

The Inspired Youth ISP is a 1-year programme starting at the end of August 2026. The year breakdown is as follows, a total of 28 teaching weeks and 53 lessons.

Term One	
Starts	31st August 2026
Ends	22nd October 2026
Autumn Break	23rd October 2026 - 1st November 2026
Term Two	
Starts	2nd November 2026
Ends	17th December 2026
Winter Break	18th December 2026 - 3rd January 2027
Term Three	
Starts	4th January 2027
Ramadan & Eid Break	1st March 2027 - 14th March 2027
Spring Break	29th March 2027 - 11th April 2027
End of Year	29th April 2027

Application

The application for this course must be made online via the link below, by no later than 14th of August 2026. As part of the application process, the student may be required to answer a few questions to help us gauge the student's depth of knowledge. This is vital to being shortlisted and accepted.

<https://bit.ly/inspiredyouthapplication> (visit < this link to apply)



If the application is successful, you will receive a confirmation email/text message from the course administrator, upon which you will be requested to pay the course fees to secure your child's place.

Course Fees

The fee for this 1 year course is £275. £95 will need to be paid before the course begins and the remaining £180 can be paid in 4 monthly instalments, which works out at £45 per month.

Learning & Discipline

The European Islamic Centre is the facilitator for the Inspired Youth Islamic Studies Programme. This centre was established with the vision to inspire individuals to go on to become future leaders and contributors within the community.

We place certain expectations upon the beneficiaries of our programme, that is the student, in return for our commitment to inspire and nurture them.

Unlike the academic education, this programme forms part of Sacred Knowledge and as such, we expect serious commitment from both the students and their parents as we believe it will not only benefit the course participant in this life, but also in their Hereafter.

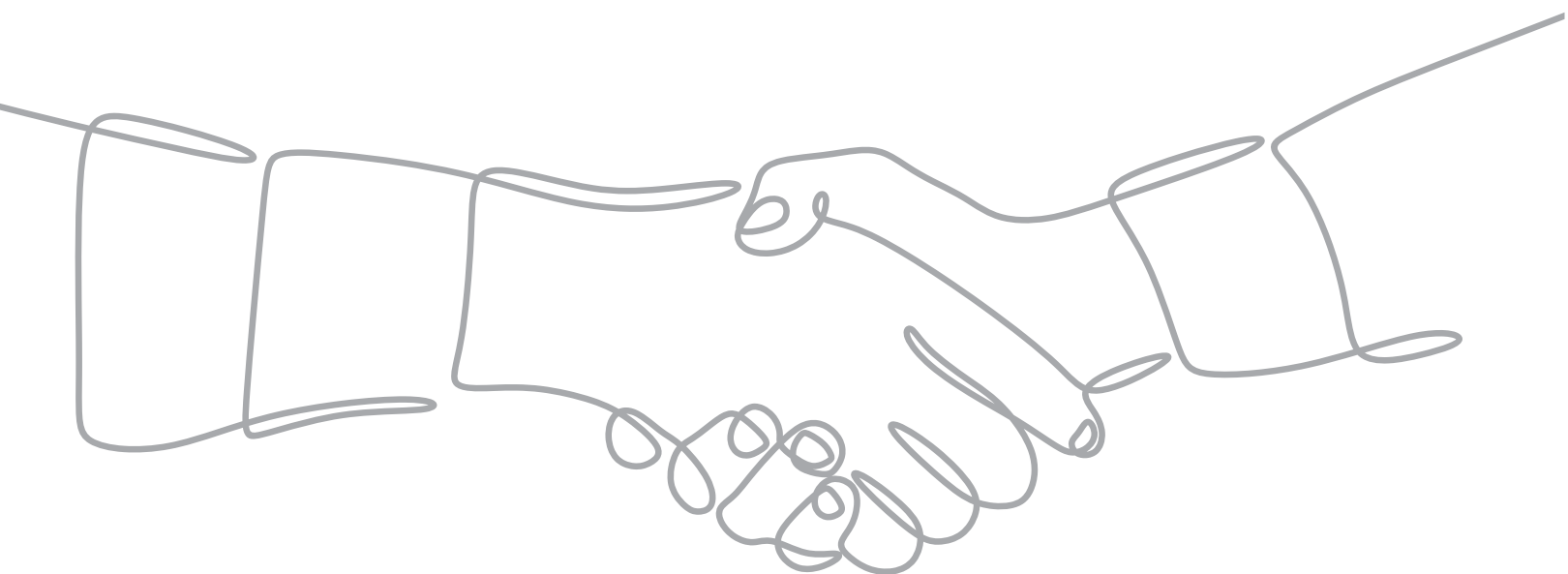
Students are expected to be:

Punctual: Arrive well before class start time and help in setting up class.

Maintain Attendance: Learning is most conducive when regular attendance is maintained. Students will be required to maintain 90% attendance throughout the year which is a requirement for receiving the course completion certificate.

Completing Weekly Tasks: Every week students will be given simple tasks or learning activities related to each module. It is imperative that the tasks are completed/attempted with the best of ability.

Respectful: Be respectful towards the fellow classmates as well as instructors. Be respectful equally to the centre and the establishment. The fruit of learning and increasing in knowledge is that one becomes more aware of their manners and morals.



Inspired Youth Tutors



Ustadh Yeamin Arafat
Inspired Youth Course Leader
Hadith & Fiqh Module (boys)

Ustadh Yeamin Arafat holds a postgraduate in Islamic Studies from Markfield Institute in Leicester, having graduated in 2021. He completed his BSc in Computing from University of West London in 2010 before moving to Oldham.

He also had the opportunity to study abroad in Jordan and currently serves as the imam in Neeli Mosque Rochdale. Previously he served as the Principal of EIC Evening School in Oldham. He is also a visiting lecturer at the Markfield Institute in their Undergraduate programme.

He continues to study with his mashayekh having received Ijazah in several Islamic sciences and continues to teach Quran and Islamic studies in masajid and institutions across Manchester.

Ustadha Sonia has been involved in community teaching since 2009. She delivers classes across Manchester and teaches at an SEN madrasah. She is studying through DHA Academy and has covered several classical texts. She also supports curriculum development and works in the public sector.

She brings warmth and dedication to her teaching and is passionate about supporting women and young people on their journey of faith.



Ustadha Shamiza Khan
Quran & Re-Affirming Faith Module (girls)

Ustadh Saaqib currently works in the field of Law. His keen interest in the legal sector has enabled him to gain vital skills to utilise in his dawah work.

Contemporary issues that lead youth to doubt their belief as Muslims has been a key focus of his.

From atheism and evidence for religion to identity crises, Saaqib strongly believes that the only way to counter these problems is to face them head-on just like the Prophet (saw) and honourable Sahabah (ra) would do in their era.



Ustadh Saaqib Ali
Re-Affirming Faith Module (boys)



Dr Luqmaan Fazal
Quran Module (boys)

Dr. Luqmaan Fazal, completed both his undergraduate and PhD in engineering at University of Manchester. While at University he studied Hanafi Fiqh and uloom-ul-hadith under the tutelage of Sheikh Akram Nadwi at the As-Salaam Institute. He then completed 2 years at the As-Shifa Alimiyyah programme under the tutelage of Sheikh Fahim at the EIS.

Luqmaan has a passion and a vision to unlock the barriers we have placed between ourselves and the Quran. He has taught Quranic Arabic to both adults and teenagers to enable them to access the Quran in an interactive and fun manner.

His aim with this course is to reconnect our youth to the Quran and consequently making them happy to approach and use lessons from the Quran in their daily life



Ustadha Sonia Sultan
Hadith & Fiqh Modules (girls)

Currently a teacher at a private Islamic school, Ustadha Shamiza Khan actively works to educate the youth about Islam and encourages positivity in an otherwise chaotic world.

She has a wealth of experience working with young Muslim girls, from teaching Islamic related topics within the local community to academic studies in formal Islamic settings.

Her work focuses on addressing the challenging issues that young Muslims face, through encouraging thinking, strengthening belief, and dispelling any doubts. She will be teaching the Re-Affirming Faith module.

Allah's Speech (Quran)

Module Breakdown

TOPIC NO	TOPICS COVERED	TERM
1	ICE BREAKER - LISTENING TO DIFFERENT SURAHS AND QARIS	TERM ONE - 8 WEEKS
2	INTRO DIVINE REVELATIONS - HOW WAS THE QURAN REVEALED	
3	SURAH FATIHAH - ALLAH AND HIS NAMES	
4	SURAH FATIHAH - PURPOSE OF LEARNING THE QURAN	
5	SURAH ASR - IMPORTANCE OF TIME	
6	SURAH ASR - ONE THIRD OF THE QURAN	
7	INTERLUDE - MAKKI VS MADANI SURAHS	
8	SURAH AL KAHF - INTRODUCTION	
AUTUMN BREAK (1 WEEK)		
9	SURAH AL KAHF - PEOPLE OF AL KAHF	TERM TWO - 7 WEEKS
10	SURAH AL KAHF - THE PEOPLE OF THE 2 GARDENS	
11	SURAH AL KAHF - KHIDR: CRIMINAL OR PROPHET?	
12	SURAH AL KAHF - CASE CLOSED	
13	SURAH AL KAHF - MAN OF TWO HORNS	
14	INTERLUDE - DEFINITION OF QURANIC TERMS/NAMES OF THE QURAN	
15	LEADERSHIP PROGRAMME	
WINTER BREAK (2 WEEKS)		
16	SURAH AL QASAS - A TALE OF 2 SOCIETIES	TERM THREE - 13 WEEKS
17	SURAH AL QASAS - A HERO IS BORN	
18	SURAH AL QASAS - FUGITIVE	
19	SURAH AL QASAS - TRUTH VS FALSEHOOD	
20	INTERLUDE - IS QURAN THE SPEECH OF GOD	
21	SURAH YUSUF - SIBLING RIVALRY	
22	SURAH YUSUF - REFUGEE	
23	SURAH YUSUF - RESISTING TEMPTATION	
24	SURAH YUSUF - HONESTY IS THE BEST POLICY	
EID & SPRING BREAK (4 WEEKS)		
25	SURAH YUSUF - SABRUN JAMILUN	
26	INTERLUDE - HOW WAS THE QURAN PRESERVED	
27	SURAH QIYAMAH - BEGINNING OF THE END	
28	SURAH WAQIAH - AS SABIQUN & AS'HABUL YAMEEN	
EXAM WEEK - 26 TH APRIL 2027		

Prophetic Guidance (Hadith)

Module Breakdown

TOPIC NO	TOPICS COVERED	TERM
1	ICE BREAKER / BRIEF INTRODUCTION TO HADITH SCIENCES	TERM ONE - 8 WEEKS
2	INTRODUCTION TO IMAM NAWAWI AND RIYAD-US -SALIHEEN	
3	CHAPTER 1 - INTENTION/SINCERITY	
4	CHAPTER 2 - REPENTANCE	
5	CHAPTER 3 - PATIENCE AND PERSERVERENCE	
6	CHAPTER 4 - TRUTHFULNESS	
7	CHAPTER 5 - WATCHFULNESS	
8	CHAPTER 6 - PIETY	
AUTUMN BREAK (1 WEEK)		
9	CHAPTER 7 - FIRM BELIEF & RELIANCE	TERM TWO - 7 WEEKS
10	CHAPTER 8 - UPRIGHTNESS AND STEADFASTNESS	
11	CHAPTER 10 - HASTENING TO DO GOOD DEEDS	
12	CHAPTER 14 - MODERATION IN WORSHIP	
13	CHAPTER 16 - OBSERVING THE SUNNAH	
14	CHAPTER 22 - GIVING COUNSEL	
15	LEADERSHIP PROGRAMME	
WINTER BREAK (2 WEEKS)		
16	CHAPTER 23 - ENJOINING GOOD & FORBIDDING EVIL	TERM THREE - 13 WEEKS
17	CHAPTER 28 - COVERING FAULTS OF THE MUSLIMS	
18	CHAPTER 39 - RIGHTS OF NEIGHBORS	
19	CHAPTER 40 - KIND TREATMENT TOWARDS PARENTS & TIES OF KINSHIP	
20	CHAPTER 50 - FEAR OF ALLAH	
21	CHAPTER 51 - HOPE IN ALLAH'S MERCY	
22	CHAPTER 52 - EXCELLENCE OF GOOD HOPE	
23	CHAPTER 53 - COMBINING HOPE AND FEAR OF ALLAH	
24	CHAPTER 54 - EXCELLENCE OF WEEPING OUT OF THE FEAR OF ALLAH	
EID & SPRING BREAK (4 WEEKS)		
25	CHAPTER 55 - VIRTUES OF A SIMPLE LIFE	
26	CHAPTER 56 - EXCELLENCE OF BEING CONTENT WITH LITTLE	
27	TYPES OF WATER (RITUALS EXTRA LESSON)	
28	MATURITY (RITUALS EXTRA LESSON)	
EXAM WEEK - 26 TH APRIL 2027		

Fiqh (Worship & Rituals)

Module Breakdown

TOPIC NO	TOPICS COVERED	TERM
1	INTRODUCT TO FIQH & PILLARS OF ISLAM	TERM ONE - 8 WEEKS
2	INTRODUCTION TO PURIFICATION	
3	PURIFICATION REVIEW, WUDU FARĀ'ID ACTIONS & DEMONSTRATION	
4	DIFFERENT FORMS OF KEEPING CLEAN & CONDITIONS OF WUDU	
5	SUNAN OF WUDU & INTRO TO TAYAMMUM	
6	INVALIDATORS OF WUDU & ACTIONS DISLIKED DURING WUDU	
7	INTRODUCTION TO SALAH & METHOD/STEPS OF SALAH	
8	RULES OF SALAH CONSOLIDATION, SALAH DEMO & PRACTICE	
AUTUMN BREAK (1 WEEK)		
9	NAJASAH (IMPURITIES), CATEGORIES OF IMPURITIES & GHUSL	TERM TWO - 7 WEEKS
10	SALAH TIMES, UNITS OF SALAH & PRE-CONDITIONS OF SALAH	
11	ARKĀN (PILLARS) OF SALAH & NAWĀQID (INVALIDATORS) OF SALAH	
12	DETAILED METHOD OF SALAH & DUA QUNOOT (MEMORISATION)	
13	SALATUL WITR & DUA QUNOOT REVIEW	
14	SALATUL QASR/JAMA'	
15	LEADERSHIP PROGRAMME	
WINTER BREAK (2 WEEKS)		
16	SALATUL MARĪD, REVIEW OF QASR/JAMA' & MASAH ON KHUFF	TERM THREE - 13 WEEKS
17	REVIEW KHUFF RULES, MASAH INVALIDATORS & MASAH ON WOUNDS	
18	SUNNAH ACTS IN SALAH & SAJDAH AL-SAHW	
19	SAWM, BREAKING OF FAST & PEOPLE EXCUSED FROM FASTING	
20	AWM REVIEW, FIDYAH & TARAWIH SALAH	
21	NIYYAH, WUDU (MISCELLANEOUS POINTS) & TAYAMMUM (DETAILED)	
22	INVALIDATORS OF TAYAMMUM & SUNAH OF QIYAM	
23	SUNAN (QIRA'ĀH, RUKU, SAJDAH, QA'DAH)	
24	FORBIDDEN TIMES OF SALAH, SALATUL MASBŪQ	
EID & SPRING BREAK (4 WEEKS)		
25	QADA' SALAH, EID SALAH (MEMORISATION)	
26	EID SALAH CONTD, TAKBIRĀT MEMORISATION & SADAQAT AL-FITR	
27	UMRAH	
28	HAJJ & ZIYARAH	
EXAM WEEK - 26 TH APRIL 2027		

Reaffirming Faith (Aqidah & Contemporary Issues)

Module Breakdown

TOPIC NO	TOPICS COVERED	TERM
1	ICE BREAKER/INTRO	TERM ONE - 8 WEEKS
2	DIFFERENCE BETWEEN KNOWLEDGE AND BELIEF	
3	BLIND FOLLOWING VS THE THINKING INDIVIDUAL	
4	SCIENCE & FAITH - CAN THEY COEXIST? ATHEISM AND EVOLUTION	
5	HOW DO WE KNOW THERE IS A CREATOR?	
6	RATIONAL THINKING - THE PATH TO BELIEF	
7	WHO IS ALLAH?	
8	WHAT DOES IT MEAN TO BE A SLAVE OF ALLAH?	
AUTUMN BREAK (1 WEEK)		
9	WHO GETS TO DECIDE OUR PURPOSE?	TERM TWO - 7 WEEKS
10	THE MAKE UP OF MAN - INSTINCTS & NEEDS - SOLUTIONS/GUIDANCE	
11	IMPACT OF FOLLOWING THE INCORRECT GUIDANCE	
12	THE NEED FOR MESSENGERS	
13	PROOF OF THE QURAN - A MIRACLE	
14	IMPACT OF QURAN ON SOCIETY	
15	LEADERSHIP PROGRAMME	
WINTER BREAK (2 WEEKS)		
16	HOW CAN ISLAM BE RELVEANT FOR ALL TIMES AND PLACES?	TERM THREE - 13 WEEKS
17	IDENTITY - THE NEED TO DEFINE / DANGERS OF NATIONALISM	
18	IDENTITY - UPBRINGING AND CULTURE / WHO GETS TO LABEL ME?	
19	SOCIAL MEDIA - INFULENCER OR INFLUENCED?	
20	YOU ONLY LIVE ONCE - FREEDOM TO DO AS YOU WANT	
21	FREE SPEECH - IS THERE SUCH THING?	
22	MATERIALISM - CAN WEALTH LEAD TO HAPPINESS?	
23	MATERIALISM - MATERIAL LACK OF GOD CONSCIOUSNESS	
24	HOW TO UNDERSTAND THE WORLD THROUGH AN ISLAMIC LENS	
EID & SPRING BREAK (4 WEEKS)		
25	RELATIONSHIPS - UNDERSTANDING MEN & WOMEN	
26	RELATIONSHIPS - MASCULINITY/GYM CULTURE	
27	RELATIONSHIPS - WEST'S MORAL DILEMMA AND ISLAM'S SOLUTION	
28	THE YOUTH - LEADERS OF TOMORROW	
EXAM WEEK - 26 TH APRIL 2027		

Allah ﷻ says in the Quran

*They were youths who truly
believed in their Lord,
and We increased
them in guidance.*

(Surah Al-Kahf v13)

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FOR FURTHER INFORMATION VISIT OUR WEBSITE
WWW.EIC.ORG.UK/INSPIREDYOUTH